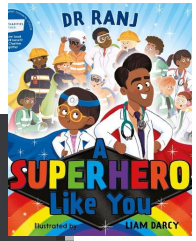
PSHE Road Map

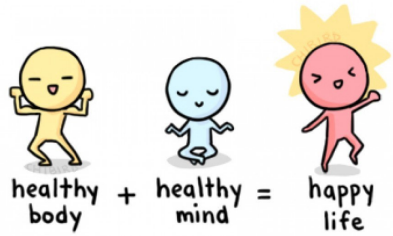




EYFS

In the EYFS, children will build on what they know about themselves, the community around them and the wider world. Children will learn what it means to be a friends, explore kind and unkind behaviour and learn about staying safe. Children will explore their emotions and become more confident discussing their needs and explaining their feelings.





Year Two

Children will be able to talk about their changing bodies, how they will develop and the difference between girls and boys as they grow.

By exploring their interests more, children will learn more about aspirations and the different roles they could continue into as they grow up. They will become more familiar with the importance of money and understand more about the cost of living.

A key focus will be on safe and healthy relationships. We will explore peer pressure and how to say no in tricky situations.

Children will know their rights and be comfortable expressing their needs.

Year One

Children will share their understanding of how we grow, talking about the changes of members of their family from a baby to and elder adult. They will learn about different types of families.

We will explore how people in our lives help us and who we can talk to if we are having difficulty solving problems, understanding our emotions or are worried about our safety.

Children will begin to explore about different jobs, how they enable us to have money and come with responsibilities.

Children will explore why hygiene is so important and how to maintain our physical and mental wellbeing.



