Branston C of E Infant Academy

PSHE Long Term Plan

		Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
PSED		OURSELVES		OUR COMMUNITY		OUR WORLD	
	Reception	**All About Me** My body My family My friends PANTS	**Keeping myself safe** Fire Food Transport	**Community Safety** Transport People Who Help Us	**Awareness** Respecting people Food safety	**Growing** Looking after our planet	**Safety** Environment Sun safety
		HEALTH AND WELLBEING		RELATIONSHIPS		LIVING IN THE WIDER WORLD	
PSHE	Year One	**PANTS** Growing Up Rules/ Responsibilities Families and people who care for Me	**Healthy Bodies** What do we put in our bodies Hygiene, Dental, vaccinations, sleep, emotions Medicine	**Friendships** I feel – You feel Being a good friend, problem solving	**Relationships** Me and Others Secret/Surprises Privacy Comfortable/ Uncomfortable	**Being Safe** Feeling Safe internet, First Aid Road Safety Who helps keep us safe	**The rights of the child** Money: My Money Rights and responsibilities Sun safety
		HEALTH AND WELLBEING		RELATIONSHIPS		LIVING IN THE WIDER WORLD	
PSHE	Year Two	**PANTS** Boys, Girls and Families Rules/ Responsibilities Families and people who care for Me	**Healthy Bodies** What we Put in our Bodies Hygiene, Dental, vaccinations, sleep, emotions Harmful Substances	**Friendships** Actions and Consequences Being a good friend, problem solving	**Relationships** Challenging changes Secret/Surprises Privacy Comfortable/ Uncomfortable	**Being Safe** Indoors and Outdoors Road Safety Who helps keep us safe	**The rights of the child** Money: My Money Rights and responsibilities Moving on

The PSHE curriculum runs on a one year cycle, repeating the units' but completing different activities for each year group. The objectives remain the same, differentiated by year group. The content will differ each year to provide opportunities for children to revisit the skills and build on the tools they have developed to manage themselves, their relationships and their environment.